

## Dupiaza

This medium hot dish is flavoured with seasoned, fried onions and spices.

CHICKEN or LAMB or VEGETABLE .....	7.95
PRAWN .....	8.50
KING PRAWN .....	10.95
CHICKEN or LAMB TIKKA .....	8.95

## Korma

Delicate flavours of yogurt and coconut cream, combine to give a mildly spiced dish.

CHICKEN or LAMB or VEGETABLE .....	7.95
PRAWN .....	8.50
KING PRAWN .....	10.95
CHICKEN OR LAMB TIKKA .....	8.95

## Kashmir

This special recipe is mildly spiced and garnished with banana.

CHICKEN or LAMB or VEGETABLE .....	7.95
PRAWN .....	8.50
KING PRAWN .....	10.95
CHICKEN or LAMB TIKKA .....	8.95

## Vegetable Dishes

Side ..... 3.95 Main ..... 7.95

VEGETABLE CURRY  
Seasonal mixed vegetables cooked in spices.

BOMBAY POTATOES  
Fresh potatoes cooked in medium hot, thick sauce.

MUSHROOM BHAJEE  
Cooked in butter with onions, green peppers and spices.

CAULIFLOWER BHAJEE  
A medium hot dish of spiced cauliflower.

BRINJOL BHAJEE  
Aubergines cooked in medium hot spices.

SAAG BHAJEE  
A dish of spiced spinach.

TARKA DALL  
Spicy lentil curry fried in herbs, onions and garlic.

ALOO GOBI  
Potatoes and cauliflower in medium spices.

SAAG ALOO  
A mildly spiced dish of spinach and potatoes.

MIXED VEGETABLE BHAJEE  
Fresh vegetables stir-fried with medium hot spices.

MATOR PONIR  
Fresh green peas cooked with cheese and spices.

SAAG PONIR  
Spinach cooked with cheese, medium hot.

BHINDI BHAJEE  
Okra cooked with medium hot spices.

CHANA MOSSALLA  
Chick peas cooked in a medium spiced sauce.

DALL SAMBA  
Selected mixed vegetables cooked in hot lentil sauce.

## Malaya

A well balanced, mildly spiced curry served with freshly sliced pineapple.

CHICKEN or LAMB or VEGETABLE .....	7.95
PRAWN .....	8.50
KING PRAWN .....	10.95
CHICKEN or LAMB TIKKA .....	8.95

## Biryani

This very aromatic dish combines pilau rice, almonds, sultanas, selected herbs and spices. Served with a medium spiced vegetable curry its delicate character should suit almost every kind of palate.

CHICKEN or LAMB or VEGETABLE .....	10.95
PRAWN .....	11.95
KING PRAWN .....	14.95
CHICKEN or LAMB TIKKA .....	11.95
SPECIAL BIRYANI served with omelette .....	13.95

### NEW

SESAME COURGETTE  
Courgette cooked with sesame seeds and a light sauce.

## Sundries

STEAMED RICE .....	2.50
PILAU RICE .....	2.95
SPECIAL RICE .....	3.00
MUSHROOM RICE .....	3.00
CHANA RICE .....	3.00
ONION RICE .....	3.00
EGG RICE .....	3.00
VEGETABLE RICE .....	3.00
PLAIN NAN .....	2.50
KEEMA NAN (Lamb) .....	2.95
PESHAWARI NAN (Sweet) .....	2.95
GARLIC NAN .....	2.95
PUREE .....	2.30
CHAPATHI .....	1.95
CHIPS .....	2.95
PLAIN or SPICY PAPADUM .....	0.70
MANGO CHUTNEY / ONION SALAD /	
MINT SAUCE / MIXED PICKLE .....	0.70
PLAIN / CUCUMBER / ONION RAITA .....	2.50

Oct18



## Indian Tandoori Restaurant

An exquisite taste in Indian cuisine

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[www.theindianocean.co.uk](http://www.theindianocean.co.uk)



CURRYLIFE  
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In partnership with  
JUST EAT  
AWARD WINNING RESTAURANT

OPEN 5.30 - 11pm 7 DAYS A WEEK

Unit 4, High Street, Histon  
Cambridge CB24 9JE  
Tel: 01223 232466/232520

### Please Note:

All our dishes are prepared in kitchens where nuts, flour etc. are commonly used so unfortunately we cannot guarantee our dishes will be free of traces of these products. All dishes may contain items not mentioned in the menu description.

### FOOD ALLERGIES

If you have a food allergy or special dietary requirements please inform a member of the hospitality team

An optional 10% service charge will be added  
We accept all major credit cards. All prices are inclusive of VAT.  
The Management reserves the right to refuse service without any reason.

## Starters

KALE CHAT ..... 5.95  
*Spiced chickpeas, crisp kale, sweetened yogurt and tamarind chutney.*

PESHWARI LAMB CHOPS ..... 6.95  
*Tandoori roasted welsh lamb chops flavoured with garlic, ginger and papaya.*

SALMON TIKKA ..... 6.50  
*Marinated in tikka sauce and grilled in the tandoor, served on a bed of grilled onion and peppers.*

BARWAN LACHA PANEER ..... 5.95  
*Indian cheese, stuffed with five spice figs, chilli, garlic and turmeric.*

MALAI TIKKA ..... 5.95  
*Tender chicken in cream cheese, mace and cardomom.*

ONION BHAJEE ..... 3.95  
*Onion rings mixed with lentils in a spicy batter.*

CHICKEN or LAMB TIKKA ..... 4.95  
*Tender pieces of marinated meat grilled in the tandoor.*

TIGER KING PRAWNS ..... 6.50  
*Griddled in marinade of garlic, ginger, herbs and spices.*

TANDOORI CHICKEN ..... 5.50  
*Spring chicken marinated on the bone and grilled in the tandoor.*

SHEEK KEBAB or SHAMEE KEBAB ..... 4.95

MIXED KEBAB ..... 6.95  
*An assortment of chicken tikka, lamb chop and sheek kebab.*

PRAWN PUREE ..... 4.95  
*Juicy marinated prawns cooked in the tandoor.*

KING PRAWN PUREE ..... 6.50  
*King prawns cooked in a rich sauce, served on light fried bread.*

CHICKEN / ALOO CHAT ..... 4.95  
*Cooked in a tangy sour sauce garnished with cucumber, tomato and fresh coriander.*

## Tandoori Dishes

*A fine preparation of all tandoori dishes marinated in yogurt and specially selected spices and herbs. Cooked in a traditional clay oven over a charcoal fire. Served with a green salad and mint sauce.*

PESHWARI LAMB CHOPS ..... 13.95  
*Tandoori roasted welsh lamb chops flavoured with garlic, ginger and papaya.*

SALMON TIKKA ..... 10.95  
*Marinated in tikka sauce and grilled in the tandoor, served on a bed of grilled onion and peppers.*

BARWAN LACHA PANEER ..... 12.95  
*Indian cheese, stuffed with five spice figs, chilli, garlic and turmeric.*

## HOUSE SPECIALITIES

### Meen Moilee

*Seabass cooked in light spices served on mustard seed tempered crushed cassava with coconut milk, ginger and lime sauce* ..... 11.95

### Pathia Sea Bass

*Sea bass rich in onions, garlic and tomatoes, sweet, sour and hot.* ..... 11.95

### Jhalfrezi

*A fairly hot dish prepared with fresh green chillies, green peppers, onions and tomatoes, served in a thick gravy of mustard and black peppers*

CHICKEN or LAMB or VEGETABLE ..... 8.95  
SALMON ..... 11.95

### Pasanda

*Marinated with a yogurt base sauce and cooked in fresh cream, mixed ground nuts and powdered almonds.*

CHICKEN or LAMB or VEGETABLE ..... 8.95  
KING PRAWN ..... 13.95

### Lababda

*A smokey flavoured dish with almonds, fresh cream, methi leaves and selected spices*

CHICKEN TIKKA or LAMB ..... 8.95

### Balti

*A very special, spicy dish flavoured with yogurt, garlic, ginger, green peppers, tomatoes and coriander. This dish is served with tandoori Nan bread.*

CHICKEN or LAMB or VEGETABLE ..... 10.95  
KING PRAWN ..... 14.95

MALAI TIKKA ..... 10.95  
*Tender chicken in cream cheese, mace and cardomom.*

TANDOORI SURF AND TURF ..... 16.95  
*Selection of tandoori chicken, lamb chop, sheek kebab, king prawn and salmon tikka. Served with salad, mint sauce and naan bread.*

TANDOORI CHICKEN ...Half 9.50 / Whole ..... 14.95  
*Spring chicken marinated in tandoori herbs and spices.*

CHICKEN or LAMB SHASLIK ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95  
*Succulent meats marinated in herbs and spices then grilled in tandoor.*

TANDOORI MIXED GRILL ..... 14.95  
*Served with salad, mint sauce and nan.*

TANDOORI KING PRAWN ..... 15.95  
*Juicy marinated king prawns cooked in the tandoor.*

### Chicken Khayber

*Marinated chicken cooked with highly flavoured spices and seasoned onions.* ..... 9.95

### Naga Chicken or Lamb

*Sauce made of garlic, ginger, tempered mustard and hot naga chillies.* ..... 9.95

### Achari Chicken or Lamb

*North Indian dish cooked with Indian pickling spices and chillies, exotic and fairly hot.* ..... 10.95

### Murgh Makhani

*A dish of well marinated strips of chicken breast served in a beautifully blended sauce of tomatoes, garlic cream and fenugreek* ..... 9.95

### Tandoori Chicken Chilli Mossalla

*Spring Chicken off the bone, cooked with fresh green chillies and special herbs and spices. Fairly hot.* ..... 9.95

### Massalla

*Marinated with herbs and spices, barbecued then cooked in a special flavoured yogurt, butter and cream sauce.*

CHICKEN or LAMB TIKKA ..... 8.95  
KING PRAWN ..... 13.95  
VEGETABLE ..... 8.95  
SALMON ..... 11.95

### Satkora Chicken or Lamb

*Marinated lamb flavoured with citrus fruit from Sylhet.* ..... 9.95

### Hyderabadi Lamb Shank

*Marinated lamb shank slow cooked for six hours in chef's own recipe and warms spices.* ..... 11.95

### Lamb Rezala

*A Bengali dish blending yogurt and green chillies, cooked with lamb to create a delicately balanced sauce* ..... 8.95

### Karahi

*A medium dish cooked with marinated chicken or lamb, in a garlic, ginger, chilli sauce, garnished with green corriander.*

CHICKEN or LAMB TIKKA ..... 8.95  
KING PRAWN ..... 13.95

### Sagwala

*A medium spiced dish cooked with spinach, garlic, chilli and fresh corriander.*

CHICKEN or LAMB or VEGETABLE ..... 8.95  
PRAWN ..... 11.95  
KING PRAWN ..... 13.95

### Garlic Dishes

*A medium dish cooked with slices of garlic, tomato, green peppers and fresh corriander in a delicate garlic sauce.*

CHICKEN or LAMB or VEGETABLE ..... 8.95  
PRAWN ..... 11.95  
KING PRAWN ..... 13.95

## Curry

*The basic curry is a sauce of medium consistency produced from a wide but balanced range of spices giving a standard flavour.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Madras

*A South Indian dish with a rich, hot and sour flavour. Prepared with chilli, lemon juice and tomato puree.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Vindaloo

*A very hot dish from South India. Fabulously rich fiery flavour of black peppers, lemon juice and chilli.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Dansak

*A beautiful combination of lentils and garlic, producing a hot, sweet and sour flavour.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Pathia

*A dish rich in onions, garlic and tomatoes. Sweet, sour and hot.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Ceylon

*A fairly hot dish enriched with garlic and coconut.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Bhuna

*A medium strength dish flavoured with onion, garlic, tomato and a few selected spices.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95

## Rogan Josh

*A special recipe of spices and tomatoes combine to give this dish a unique flavour.*

CHICKEN or LAMB or VEGETABLE ..... 7.95

PRAWN ..... 8.50

KING PRAWN ..... 10.95

CHICKEN or LAMB TIKKA ..... 8.95